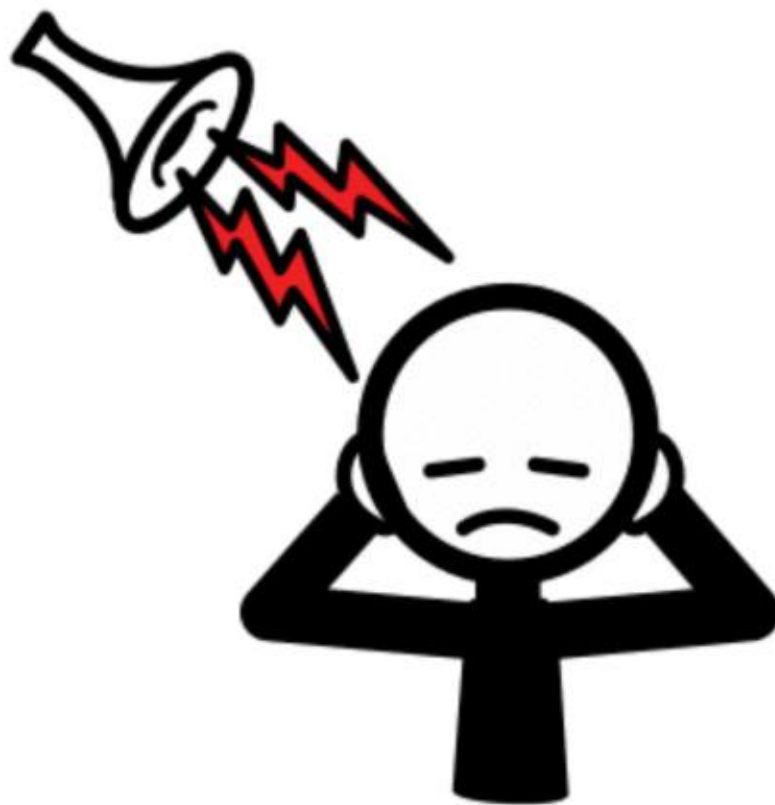




**When it is very
noisy**



Sometimes it is very noisy: in the playground, in the dining hall or in the street.

I can notice if the noise bothers me.

Noise bothers lots of people.



If the noise bothers me, I have choices.

I can put on my ear defenders or cover my ears.

Ear defenders make the noise sound quieter.



Sometimes I need a quieter place.
I can ask for it with words, a sign
or my card.

An adult can come with me.



When the noise goes down, I can
go back to what I was doing.
I can take off my ear defenders, if
I want to.
I looked after myself.

When it is very noisy

Social story made with inklui.com

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Based on Carol Gray's Social Stories.