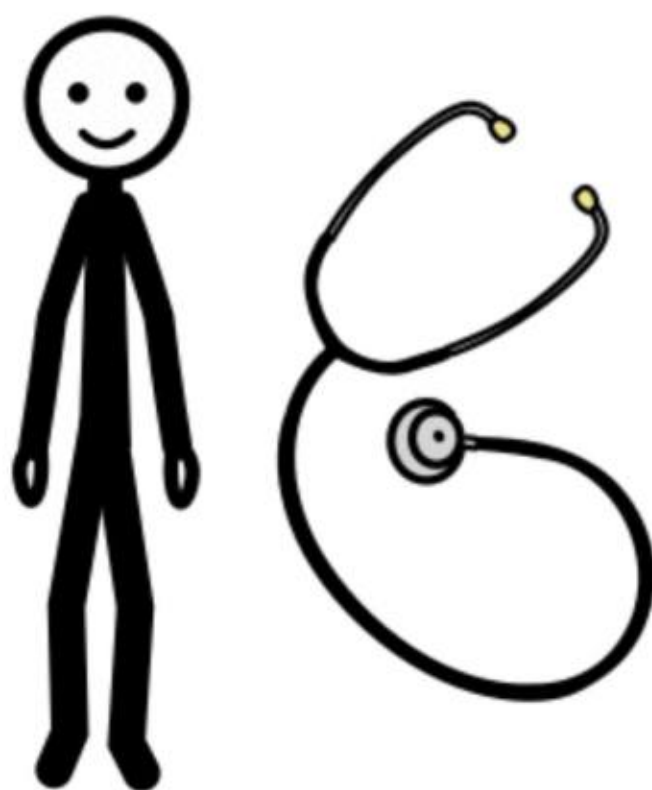


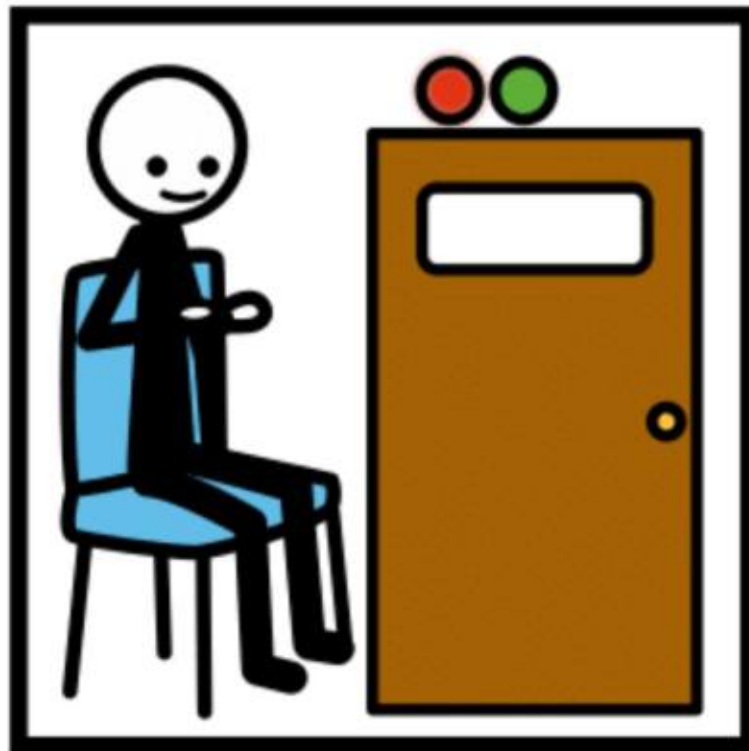


**I am going to the
doctor**



Today I am going to the doctor's surgery with someone from my family.

I can hold their hand as we go in.
The doctor looks after my health.



Usually we wait in the waiting
room.

I can take a book, a toy or
something I like.

That makes the wait feel shorter.



In the doctor's room, they might look at my throat and ears, or listen to my breathing.

I can ask what they are going to do.
Knowing what will happen helps me.



The doctor asks me questions.
I can answer, or the person who is
with me can answer.

Both are OK.



Sometimes I have a vaccination. It can hurt a little.

I can squeeze the hand of the person with me, or look the other way.

The jab is very quick, and the vaccine protects my health.

I am going to the doctor

Social story made with inklui.com

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Based on Carol Gray's Social Stories.