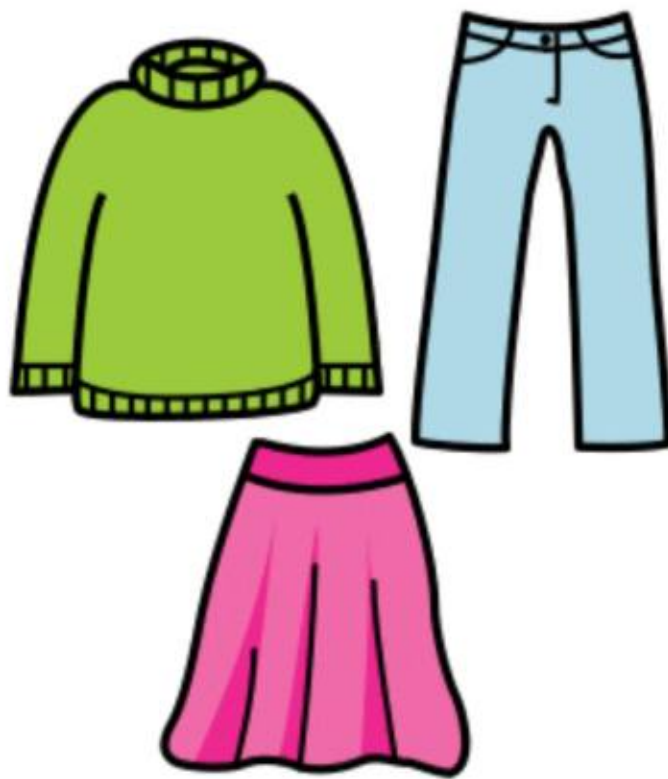




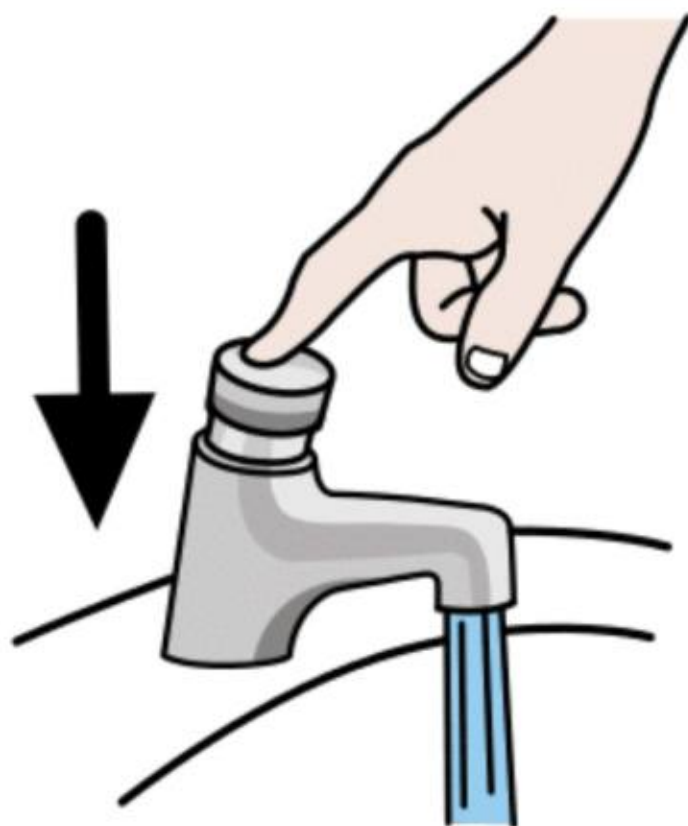
I have a shower



**Before my shower I get my towel
and clothes ready.**

**I can take off my clothes myself
or ask for help with the tricky bits.**

**Having my things nearby helps me
know what comes next.**



I turn on the tap and the water comes out cold or hot.

I can touch the water with my hand before I get in.

If it is too hot or too cold, I can say so and we change it.



I wet my body bit by bit and put
soap on.

I can start with my feet and go up
slowly.

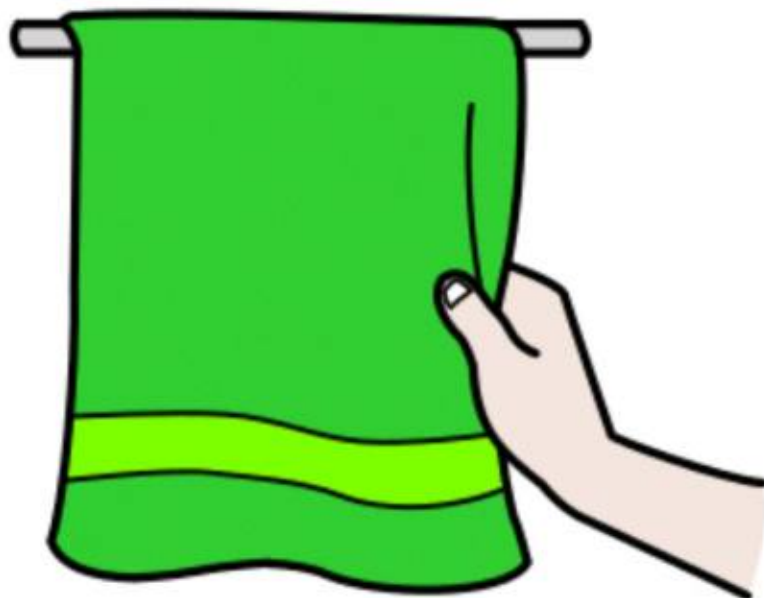
That way the water does not
surprise me all at once.



For my hair I use shampoo, and
sometimes it runs down my face.

I can look up or cover my eyes
with a small towel.

Shampoo stings for a moment and
the water washes it away.



When I finish, I turn off the tap
and dry myself with the towel.

I can dry my feet well before I get
dressed.

After my shower, my body is clean
and dry.

I have a shower

Social story made with inklui.com

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Based on Carol Gray's Social Stories.