



**Tonight I sleep
away from home**



Tonight I am sleeping in another house.

I can pack my pyjamas, my toothbrush and what helps me sleep.

Taking my own things makes the place feel more like mine.



The room is different and so is the
bed.

I can see where I will sleep before
it gets dark.

Knowing the room first helps.



At night that house makes
different sounds.

I can leave a small light on or the
door open.

They are house sounds, like the
ones at home.



If I wake up and need something,
there is a grown-up nearby.

I can call them, or phone my
family if I need to.

I can go home if I end up not
wanting to stay.



In the morning we have breakfast
and I pack my things.

I can tell my family at home how I
slept.

Sleeping away gets easier with
practice.

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Social story made with inklui.com

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Based on Carol Gray's Social Stories.